

Appt: \_\_\_\_\_

- EGD (Upper Endoscopy)     EUS  
 ERCP

**GI Associates Endoscopy Center**

411 Westwood Dr Wausau

Your estimated arrival time is \_\_\_\_\_. If this time changes, our Endoscopy Center will call you with the new time. If you have a question about your arrival time or need to reschedule, please contact our office at **715-847-2558** or **877-442-7762**.

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**Aspirus Wausau Hospital - Surgery (Hospital B entrance)**

333 Pine Ridge Blvd Wausau

Please pre-register by calling **715-847-2175** or **800-477-4496**

Pre-Admission Surgical Services (PASS) will contact you two business days before your procedure to confirm your arrival time. If you have not received this call by 2:00pm the business day prior to your procedure, please call PASS at **715-847-2799** or **877-350-2197**.

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**Aspirus Stevens Point Campus – Hospital Outpatient**

5409 Vern Holmes Dr Stevens Point

The Stevens Point Campus will contact you 1-2 days prior to your procedure to give you an accurate arrival time. If you have not received this call by 2:00pm the business day prior to your procedure, please call Hospital Outpatient at **715-342-1015**.

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**Aspirus Langlade Hospital**

112 East 5<sup>th</sup> Ave Antigo

Please pre-register by calling **715-623-9220**.

The business day before your procedure, between 1pm and 5pm, please call **715-623-9251** or **715-623-9578** to confirm your arrival time.

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**Northwoods Surgery Center**

611 Veterans Pky Woodruff

Your tentative arrival time is \_\_\_\_\_. The Surgery Center will contact you prior to your procedure to give you an accurate arrival time. If you have not received this call by the business day prior to your procedure, please contact the Surgery Center at **715-358-8600** between 9am and 2pm.

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**Ascension St. Mary's Hospital Surgery Services**

2251 North Shore Dr Rhinelander

Your arrival time is \_\_\_\_\_. If you have a question about your arrival time or need to reschedule, contact the GI Associates office at **715-847-2558** or **877-442-7762**.



**These instructions are very important.  
If they are not followed closely,  
your procedure may have to be postponed.**



## 1 Week Before Your Procedure

**Arrange for a Patient Representative:**

You **CANNOT** drive yourself home after your procedure. You must make arrangements to have a patient representative (18 years or older) take you home. You will not be allowed to take a taxi, bus, medi-van service or walk home. You and your representative should allow approximately **2-3 hours total time** at the facility.

**NOTE:** ERCP or Endoscopic Ultrasound patients may need to stay overnight in a 24-hour observation bed after the procedure.

**Review Your Prep Instructions:**

Review the following prep and medication instructions. If you have an Advance Directive, please locate a copy and prepare to bring the copy with you to your procedure.

**Review Your Coverages:**

You are responsible for contacting your insurance carrier to understand your benefits, verify your pre-certification or pre-authorization requirements and payment obligations.

## 5 Days Before Your Procedure: \_\_\_\_\_

**You may continue all prescription medications and/or supplements except for those listed OR modified below:**

Aspirin: Decrease to 81 mg baby aspirin

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## The Evening Before Your Procedure: \_\_\_\_\_

With the exception of any blood thinners or diabetic medications already addressed, you may take your regular, evening medications.

## Your Procedure Day: \_\_\_\_\_

Stop eating anything at \_\_\_\_\_ (8 hours before your arrival time). You may continue to have **clear liquids only** until the time below.

Stop drinking anything at \_\_\_\_\_ (2 hours before your arrival time). ***Then nothing to drink or eat and no hard candy, cough drops or gum until after your procedure!***

Do not take any diabetic medications this morning

- OR -

Contact your PCP or endocrinologist for advisement.

*(Your blood sugar level will be checked upon arrival for procedure).*

With the exception of any blood thinners or diabetic medications already addressed, you may take any other necessary prescription medications with small sips of water.

### Arrival:

Please arrive promptly at your designated arrival time. *(Note: Upon arrival, a urine pregnancy test will be recommended for every woman of child-bearing age.)*

Please bring a detailed list of all medications you are currently taking (including vitamins and over-the-counter medications) with you on the day of your procedure. If you have an Advance Directive, please bring a copy with you.

Please do not bring valuables to your appointment or wear excessive jewelry. Remove any body piercings. Please note, you may be asked to remove any dentures/removable bridges prior to being sedated for your procedure.

Please notify the nurse or your doctor if you plan to leave town or go on vacation soon after your procedure.

## PLEASE READ CAREFULLY

### Upon your arrival:

Because you will be receiving sedation, **you must have a PATIENT REPRESENTATIVE with you prior to the start of the procedure** and your **PATIENT REPRESENTATIVE must remain in the waiting room** until you are ready to be discharged.

### During your procedure:

Once you begin to receive sedation medications, you are impaired and are unable to make even simple decisions for yourself. If questions arise or if a complication occurs during the procedure, the physician (or nurse) may need to speak with your **PATIENT REPRESENTATIVE** immediately.

### After your procedure:

Prior to discharge, you will receive information for post-procedure care, how to contact your physician, if needed, and a summary of your procedure findings.

Since patients who receive sedation may remain memory-impaired for some time after the procedure, your **PATIENT REPRESENTATIVE** will need to witness the discussion with the physician post-procedure so that they are able to provide direction to you once you have arrived at home.

## IF YOU DO NOT HAVE A PATIENT REPRESENTATIVE WITH YOU, YOUR PROCEDURE WILL BE POSTPONED

**IMPORTANT NOTE:** Due to space limitations, and for the privacy of all patients, only one visitor will be allowed to come in and sit with you after your procedure. If you bring children with you, they will be asked to stay in the waiting room with another adult.

**If you have any questions before or after the procedure, please call our office at 715-847-2558 or 877-442-7762.**

## CLEAR LIQUID DIET

Examples of a Clear Liquid Diet include:

Water

Mineral Water

White Cranberry Juice

White Grape Juice

Apple Juice

Any additional fruit juices **without pulp**

Jello

Diet or Regular Soda

Diet or Regular Kool- Aid

Gatorade or Powerade

Popsicles

Clear broth or bouillon

Coffee or tea **without cream**